

Mental Health/Mental Illness Resources

Local Resources for Mental Health/Mental Illness

The ARC of Cumberland County

Works to promote the welfare and quality of life of children and adults with mental retardation and other developmental disabilities by improving conditions and providing advocacy. Provides social and recreational opportunities, educates the community about disabilities, and educates parents and those with disabilities about the resources and support systems available to them. A lending library is available with current information available to the community.

Phone: (910) 867-2141 e-mail: thearc@ncbiz.com website: <http://www.thearcofcumberland.com/index.htm>

Brain Injury Support Group

Support group meets 6:30 to 8:00 p.m., Patient Dining Room, Cape Fear Valley Rehabilitation Center.
Contact: Ellen Morales, 910-486-1101.

Cape fear Valley Medical Center:

Regional Medical center located in Cumberland County offering emergency medical services. If this is a matter of urgent nature, please contact your primary care physician or call 911. If you are unsure if the matter is urgent, please call the CareLink hotline at (910) 615-LINK (5465) to speak to a Registered Nurse.
Cape Fear Valley Medical Center: currently (910) 609-4000 will change in August 2009 to (910)615-4000
Behavioral Health Care: (910) 609-3600 will change in August 2009 to 615-3600

CONTACT

Provides free, confidential and anonymous counseling and crisis intervention. Telephone counseling is provided by well-trained volunteers backed up by clergy, professional and lay support workers. Provides information and referral for further assistance.

Phone: (910) 485-4134 e-mail: contacted.@nc.rr.com website: www.contactcrisishelp.com

Cumberland County Department of Social Services:

Provides social services, financial and specialized assistance to county residents. Works with clients with demonstrated needs who meet eligibility criteria prescribed by state and federal law.

Phone: (910) 323-1540 Website: www.dss.co.cumberland.nc.us

Cumberland County Health Department:

Provides various clinics including a Child Health Clinic for ages infant to 18 years old which provides immunizations, vision, hearing, and sickle cell screening; Adult Health Clinic which provides comprehensive health care for adult clients with Medicare, Medicaid, or those who do not have another primary health care

provider; Medication Assistance Program, Mental Health screenings for children.

E. Newton Smith Public Health Center
227 Fountainhead Lane
Fayetteville, NC 28301
Phone: (910) 433-3600 Fax:(910) 433-3659
website: <http://www.co.cumberland.nc.us/health.aspx>

Cumberland County Mental Health Center –Local Management Entity (LME)

Cumberland County Mental Health Center is the Local Management Entity for Cumberland County, North Carolina. Their role is to link you with resources and services for children or adults with developmental disabilities living in Cumberland County. They can help to determine the services needed and provide you with a list of providers who are approved to provide these services. The LME also has staff who can advocate for you if you have concerns about services you are receiving or difficulty in navigating the system of care. Additional Services through the Mental Health Center Include: Medical Services, Medication Assistance Program, Crisis Services at the Roxie Avenue Center, Child Respite Services and Volunteer Services

To access services call Screening, Triage and Referral at 910 424-HOPE. This service is available 24 hours a day seven days a week. To speak with an Advocate call Customer Services at (910) 222-6111
24-hour Access/Crisis Number: 910 424-HOPE
See website: www.ccmentalhealth.org for different locations, directions and other contact information

Magistrates Office:

Handles commitment for Mental Health or substance abuse. Located in the Cumberland County Courthouse, 1st floor, Room 122. Phone: (910) 678-2913

Mental Health Services in Cumberland County:

A list of providers who are endorsed to provide mental health services in Cumberland County can be found at this link: (put link to the list on the website)

Mobile Crisis:

National Alliance for the Mentally Ill Cumberland County

National Alliance for the Mentally Ill Cumberland County.....910-867-0405

Consumer and Family Advisor Committee

The Consumer and Family Advisory Committee encourages the active participation of members of communities - the individuals and family members affected by mental illness, developmental disabilities and/or substance abuse who can best represent the perspective and needs, The Cumberland County CFAC meets the second and fourth Thursday of each month at the Child and Family Services Building at 711

Executive Place to discuss and address mental health, substance abuse and developmental disability issues in Cumberland County. Anyone is welcomed to attend. If you would like to contact Cumberland County CFAC members [click here](#).

Website: http://www.ccmentalhealth.org/consumers_and_families/cfac_committee/default.htm

Fort Bragg Army Community Services

ACS is an important part of the Army's program to assist soldiers and their families in meeting specific needs. ACS offers a wide variety of programs tailored to assist Army families living on and off post. ACS is a centralized location to go for answers to your questions and help with concerns or other issues facing military families. Programs available are: • Information Referral, Exceptional Family Member, Employment Readiness Family Advocacy, (New Parent Support, Sexual Assault Assistance, Victim Advocacy Hotline and Information Domestic Violence Prevention Assistance) Financial Readiness and Army Emergency Relief, Multi-Component Family Support Network, Multicultural Readiness, Relocation Services, Mobilization & Deployment Readiness and Volunteer Services. For more details please visit our website at

<http://www.fortbraggmwr.com/ACS/acsdirectory.htm>

Barbara Trower-Simpkins

(910) 396-8682/8683 **website:** www.fortbraggmwr.com

Mental Health Association in Cumberland County:

Advocacy for better mental health, awareness and improved mental health services and conditions. Community Oriented Resource Education; parent education.

Phone: (910) 323-1954

Partnership For Children:

<http://www.ccpfc.org/>

Focus on Families Community Resource Guide: http://www.ccpfc.org/Research/FRG_Survey/OnlineSearch/

The Partnership for Children of Cumberland County is the nonprofit organization charged with implementing North Carolina's Smart Start and *More-at-Four* school-readiness programs for children from birth through age five. This organization has a successful record of improving the quality of child care, parenting resources, access to health care, and other support systems for Cumberland County's children.

Focus on Families Community Resource Guide: http://www.ccpfc.org/Research/FRG_Survey/OnlineSearch/

351 Wagoner Drive, Suite 200

Fayetteville, NC 28303

phone - (910) 867-9700

fax - (910) 867-7772 email - info@ccpfc.org

State Resources for Mental Health/Mental Illness

Brain Injury Association of North Carolina

The Brain Injury Association of NC was founded in 1982 by families and concerned professionals. The Association is an affiliate of the Brain Injury Association of America. Today, the Association has Family and Community Support Centers in Asheville, Greenville, and Charlotte with our main office in Raleigh in the Cameron Village Shopping Center area. There is also a volunteer resource center in High Point. BIANC supports over 40 local support groups across the state. Mission Statement: To offer help, hope and a voice for people with brain injuries and their families.

Phone: 1-800-377-1464 Website: <http://www.bianc.net/index.htm>

North Carolina Family-to-Family Health Care Information Center (HIC)

<http://www.ecac-parentcenter.org/education/health.htm>

ECAC is a private non-profit parent organization committed to improving the lives and education of ALL children through a special emphasis on children with disabilities. They do this by providing information, education, outreach, and support to and for families with children across the state of North Carolina.

Main Office

907 Barra Row, Suites 102/103
Davidson, NC 28036

704-892-1321

704-892-5028 *fax*

800-962-6817 Parent Info Line

State System of Care Handbook:

http://www.ccmentalhealth.org/consumers_and_families/c_resources/soc_handbook.pdf

*This Resource Guide is a work in progress. If you have information to add please contact Sharon Yates at (910) 222-6108

