

# Substance Abuse Services and Resources

## Local Resources for Substance Abuse

### Alcoholics Anonymous

CAPE FEAR INTERGROUP ASSOCIATION  
310 Green Street, Fayetteville, NC 28302  
(910) 678-8002

### Alanon-Alateen

[http://www.ccmentalhealth.org/consumers\\_and\\_families/advocacy\\_support\\_groups/alanon\\_alateen.htm](http://www.ccmentalhealth.org/consumers_and_families/advocacy_support_groups/alanon_alateen.htm)

## CONTACT

Provides free, confidential and anonymous counseling and crisis intervention. Telephone counseling is provided by well-trained volunteers backed up by clergy, professional and lay support workers. Provides information and referral for further assistance.

Phone: (910) 485-4134 e-mail: [contacted.@nc.rr.com](mailto:contacted.@nc.rr.com) website: [www.contactcrisishelp.com](http://www.contactcrisishelp.com)

## Cumberland County Mental Health Center –Local Management Entity (LME)

Cumberland County Mental Health Center is the Local Management Entity for Cumberland County, North Carolina. Their role is to link you with resources and services for children or adults with developmental disabilities living in Cumberland County. They can help to determine the services needed and provide you with a list of providers who are approved to provide these services. The LME also has staff who can advocate for you if you have concerns about services you are receiving or difficulty in navigating the system of care.

To access services call Screening, Triage and Referral at 910 424-HOPE. This service is available 24 hours a day seven days a week. To speak with an Advocate call Customer Services at (910) 222-6111. To call the 24-hour Access/Crisis Number: 910 424-HOPE

See website: [www.ccmentalhealth.org](http://www.ccmentalhealth.org) for different locations, directions and other contact information.

Additional Services through the Mental Health Center Include:

Medical Services

Medication Assistance Program

Volunteer Services

Call 910-323-0601 to ask for these services

### Magistrates Office:

Handles commitment for Mental Health or substance abuse. Located in the Cumberland County Courthouse, 1<sup>st</sup> floor, Room 122.

Phone: (910) 678-2913

## **National Alliance for the Mentally Ill Cumberland County**

National Alliance for the Mentally Ill Cumberland County.....910-709-6685

## **The ARC of Cumberland County**

Works to promote the welfare and quality of life of children and adults with intellectual and other developmental disabilities by improving conditions and providing advocacy. Provides social and recreational opportunities, educates the community about disabilities, and educates parents and those with disabilities about the resources and support systems available to them. A lending library is available with current information available to the community.

Contact: Sharon Ward (910) 867-2141 E-mail: sward@arcnc.org

## **Cumberland County Department of Public Health:**

Provides various clinics including a Child Health Clinic for ages infant to 18 years old which provides immunizations, vision, hearing, and sickle cell screening; Adult Health Clinic which provides comprehensive health care for adult clients with Medicare, Medicaid, or those who do not have another primary health care provider; Medication Assistance Program

E. Newton Smith Public Health Center  
227 Fountainhead Lane  
Fayetteville, NC 28301  
Phone: (910) 433-3600 Fax:(910) 433-3659  
**website:** <http://www.co.cumberland.nc.us/health.aspx>

## **Consumer and Family Advisor Committee**

The Consumer and Family Advisory Committee encourages the active participation of members of communities the individuals and family members affected by mental illness, developmental disabilities and/or substance abuse who can best represent the perspective and needs, The Cumberland County CFAC meets the second and fourth Thursday of each month at the Child and Family Services Building at 711 Executive Place to discuss and address mental health, substance abuse and developmental disability issues in Cumberland County. Anyone is welcome to attend. If you would like to contact Cumberland County CFAC members [click here](#). Website: [http://www.ccmentalhealth.org/consumers\\_and\\_families/cfac\\_committee/default.htm](http://www.ccmentalhealth.org/consumers_and_families/cfac_committee/default.htm)

## **Fort Bragg Army Community Services**

ACS is an important part of the Army's program to assist soldiers and their families in meeting specific needs. ACS offers a wide variety of programs tailored to assist Army families living on and off post. ACS is a centralized location to go for answers to your questions and help with concerns or other issues facing military families. For more details please visit our website at <http://www.fortbraggmwr.com/ACS/acsdirectory.htm>  
Barbara Trower-Simpkins (910) 396-8682/8683 **website:** [www.fortbraggmwr.com](http://www.fortbraggmwr.com)

## State Resources for Substance Abuse

### Addiction Professional of North Carolina

P.O. Box 71814  
Durham, North Carolina 27722-1814  
Telephone: 800-723-4851  
Information: [info@apnc.org](mailto:info@apnc.org)

### Alcohol Drug Council of North Carolina (ADCNC)

3500 Westgate Drive, Suite 204  
Durham, NC 27707 Information & Referral Services toll free **1-800-688-4232**  
Office **1-919-493-0003**  
Fax **1-919-493-0723**  
[info@alcoholdrughelp.org](mailto:info@alcoholdrughelp.org)

### SAMHSA: Substance Abuse & Mental Health Administration

**Email:** [SHIN@samhsa.hhs.gov](mailto:SHIN@samhsa.hhs.gov)  
**Phone:** 1-877-SAMHSA-7 (1-877-726-4727) **TTY:** 1-800-487-4889  
**Fax:** 240-221-4292  
**Mail:** SAMHSA's Health Information Network  
P.O. Box 2345 Rockville, MD 20847-2345  
**Web Site:** <http://www.samhsa.gov/shin>

### State System of Care Handbook:

[http://www.ccmentalhealth.org/consumers\\_and\\_families/c\\_resources/soc\\_handbook.pdf](http://www.ccmentalhealth.org/consumers_and_families/c_resources/soc_handbook.pdf)

\*This Resource Guide is a work in progress. If you have information to add please contact Sharon Yates at (910) 222-6108