

Volume 5, Issue 6

January 2011



CUMBERLAND COUNTY, NC

# Providers' Times

## From Your LME and the Division

There is a new video on the Division's home page. **Guided by Science Grounded by Practice** features the stories and experiences of people who are using programs considered "tested and proven 'best practices' of mental health, developmental disability and substance abuse treatment." It can be viewed at <http://www.ncdhhs.gov/mhddsas/index.htm>.

### REMINDER

Effective December 31, 2010 all authorization requests sent to UM/UR, **MUST** be submitted electronically through the CareLink system. Any authorization requests or supplementary materials submitted via fax or hand delivered will not be processed or considered a valid authorization request. STR will continue to accept faxed documents for screenings and initial authorization of services.

The next **Provider Orientation** will be held February 15, 2011 from 9:30 am to 11:30 am in room 426, 711 Executive Place in Fayetteville, NC. **Provider Orientation is a requirement for all new providers with an MOA or State Standardized contract with Cumberland County LME.** All providers are welcome to attend. To sign up email Rose-Ann Bryda at [rbryda@mail.ccmentalhealth.org](mailto:rbryda@mail.ccmentalhealth.org), and let her know how many people will be attending from your agency.

**Carelink Training** for new providers will be held on February 15, 2011 from 2:00 pm to 3:00 pm in Room 426, 711 Executive Place. Providers should send representatives from their organizations who are responsible for billing and authorizations. Providers who have previously received this training may attend as a refresher if space permits. To sign up email Colette Gelin at: [cgelin@mail.ccmentalhealth.org](mailto:cgelin@mail.ccmentalhealth.org).

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A new **Provider Endorsement Policy** was posted to the Provider Endorsement Page on the Division website on January 4, 2011. Please go to <http://www.ncdhhs.gov/mhddsas/stateplanimplementation/providerendorse/index.htm>.

## Training Resources, Workshops and Conferences:

- The North Carolina Council presents the following trainings; all events will take place in Raleigh at the Royal Conference Center, 3801 Hillsborough Street (unless noted otherwise): **ACTT Service Definition Training Implementing Evidenced-Based Practice**, February 14, 2011 through February 16, 2011; **Day Treatment Service Definition Training**, February 10, 2011; **Intensive In-home Service Definition Training**, February 11, 2011; **Cognitive Behavior Therapy** (in Morganton) January 27, 2011 through January 28, 2011 and February 10, 2011; **Person Centered Thinking: A 12 Hour Training** with a train-the-trainer pathway for qualified CABHA staff, February 24, 2011 through February 25, 2011; **Community Support Team Service Definition** (3 hour credit) **Instructional Elements of Person Centered Plans** (3 hour credit), February 15, 2011; **Clinical Supervision: Part 1**, meets 12- hour CAHBA requirement for supervision February 24, 2011; **Clinical Supervision: Part 2**, meets 12-hour CAHBA requirement for supervision March 19, 2011. **Motivational Interviewing: Introduction** with Todd Roberts, MINT Trainer February 1, 2011 through February 2, 2011. For more information and to register, please go to <http://www.nc-council.org/Members/AM/Template.cfm?Section=Home>.
- Prevent Child Abuse North Carolina presents **Learning and Leadership Summit on Evidence-Based Programs & Family Strengthening Practice: Building Our Children's Healthy Futures** March 7, 2011 through March 8, 2011 in New Bern. For more information and to register, please go to <http://www.preventchildabusenc.org/wp-content/uploads/2010/11/2011-Summit-Brochure-FINAL3.pdf>.
- North Carolina AHEC's **What to Do About Problem Gambling Sure Bet 1 and Sure Bet 2** will be held in Rocky Mount, February 1, 2011 through February 2, 2011 for **Sure Bet 2**; In Kinston, NC , February 16, 2011 through February 17, 2011 for **Sure Bet 1** and March 16, 2011 through March 17, 2011 for **Sure Bet 2**; and in Boone, NC March 24, 2011 through March 25, 2011 for **Sure Bet 1** and May 24, 2011 through May 25, 2011 for **Sure Bet 2**. To register and for additional information, please go to <http://www.arealahec.org/documents/surebet1and2.pdf>.
- The Brain Injury Association of North Carolina presents the **Second Annual Family/ Survivor Conference- Building Community from the Inside Out: 2011** on February 18, 2011 in High Point NC. For more information and to register, please go to <http://www.bianc.net/docs/Family%20Conference%202011.pdf>.
- The NC Foundation for Alcohol & Drug Studies invites you to join other addiction professionals at the **NCFADS premier winter training event** on February 20, 2011 at The Village Inn Conference Center in Clemmons. For more information and to register, please go to <http://www.cvent.com/EVENTS/Info/Invitation.aspx?i=3f62cf7e-ccac-48d2-96ec-b5591a9daeb5>.
- Southern Regional AHEC (SRAHEC) presents **Clinical Update & Psychopharmacology Review 2011** February 16, 2011 through February 17, 2011 at the Pinehurst Resort & Country Club, in Pinehurst, NC. For an informational brochure with registration information, please go to <http://www.southernregionalahec.org/professionals/pdf/CU2011.pdf>.

## Training Resources, Workshops and Conferences:

- Center for Aging Research and Educational Services (CARES) presents **Developing Effective Helping Relationships** March 29, 2010 through March 30, 2010 in Burlington, NC. For more information on this and other training opportunities, please go to <http://ssw.unc.edu/cares/Trnall.htm>.
- **Motivational Interviewing: Online Course** will be taught by MINT trainer Todd Roberts. This 13-hour course will meet the CABHA training requirements for the Introductory Course in Motivational Interviewing. For more information and to register, please go to <http://training.aso-online.com/>.
- **The 2011 Annual Conference** of the Autism Society of North Carolina will be held March 18, 2011 through March 19, 2011 in Charlotte. For more information and to register, please go to [http://www.autismsociety-nc.org/index.php?option=com\\_content&view=article&id=299&Itemid=635](http://www.autismsociety-nc.org/index.php?option=com_content&view=article&id=299&Itemid=635).
- **NIATx Change Leader Academy: Transforming Committed Learners into Committed Leaders** presents two Change Leader Academy sessions in Madison, WI, on February 23, 2011 through February 24, 2011 and May 10, 2011 through May 11, 2011. For more information and to register, please go to <http://www.niatx.net/Content/ContentPage.aspx?PNID=3&NID=24>.
- PESI will hold an interactive Tele-seminar **The EQ of AS (How Emotional Intelligence Impacts Asperger Syndrome Intervention)** on Tuesday, February 8, 2011 from 4:00 pm to 6:00 pm eastern time. For more information and to register, please go to [http://online.pesi.com/catalog/telephone.asp?ItemID=20110106-199150-111331&utm\\_source=MEDS%2B-%2Btsem%2B01-19-11%2BThe%2BEQ%2Bof%2BAS%2Btsem%2B2-8-11&utm\\_medium=email&utm\\_content=More%2Binfo%2Blink&utm\\_campaign=01-19-11%2Bblast%2B1](http://online.pesi.com/catalog/telephone.asp?ItemID=20110106-199150-111331&utm_source=MEDS%2B-%2Btsem%2B01-19-11%2BThe%2BEQ%2Bof%2BAS%2Btsem%2B2-8-11&utm_medium=email&utm_content=More%2Binfo%2Blink&utm_campaign=01-19-11%2Bblast%2B1).
- Peer Specialist Certification Training will be held March 14, 2011 through March 18, 2011 in Clayton, NC. Free registration is first-come/first-served basis and includes training manuals, snacks, lunch. For those employed or seeking employment. For Registration Contact: Rev. Dorothy O'Neal at 919-359-9276 or [fhsoneal@aol.com](mailto:fhsoneal@aol.com).
- SAMHSA will hold its **Community Prevention Day** from February 7, 2011 to February 10, 2011 in National Harbor, MD. For more information and to register, please go to <http://www.cadca.org/events/forum21>.
- The Mid-Atlantic Training and TA Center offers an **online course in Motivational Interviewing**. The course is taught by an approved MINT trainer. It requires 10 hours of online instruction and additional homework between sessions. The content appears to be the same as the required course in North Carolina. For more information and to register for their January class, please go to: <http://attcnetwork.org/userfiles/file/MidAtlantic/Course%20Descriptions/IntrotoMI.pdf>. The Mid-Atlantic Training and TA Center is a federally-funded agency that is responsible for disseminating evidence-based practices.
- The Developmental Disabilities Training Institute (DDTI) presents **Targeted Case Management Training** on February 23, 2011 in Greensboro, NC. For further information and to register, please go to [https://reg.abcsignup.com/reg/event\\_page.aspx?ek=0060-0003-f9d6d5c110094725867680d3ee07cd89](https://reg.abcsignup.com/reg/event_page.aspx?ek=0060-0003-f9d6d5c110094725867680d3ee07cd89).

## Training Resources, Workshops and Conferences:

- **Autism Recognition, Response & Risk Management Training Conference** will be held on March 4, 2011 at the Charlotte Police and Fire Training Academy. The NC DOI Office of State Fire Marshal developed the course in order to assist first responders in recognizing and understanding the special needs of people with autism. It is being used by numerous agencies across the country to train their first responders as well. For more information on this course contact: 919-661-5880 ext. 313 or [karen.holder@ncdoi.gov](mailto:karen.holder@ncdoi.gov).
- SEAHEC presents the **Coastal Pediatric Symposium 2011 (formerly PEDS Talk)** March 21, 2011 through March 22, 2011 in Wrightsville Beach, NC. This conference is designed to discuss patient care innovations for children and adolescents. Topics address both behavioral and clinical issues relevant to daily pediatric practice and patient care. For more information and to register, please go to [http://www.seahec.net/departments/ce/forms\\_and\\_files/brochures/32723.pdf](http://www.seahec.net/departments/ce/forms_and_files/brochures/32723.pdf).
- Cross Country Education presents a webinar **Early Developmental Disorders Resulting from Abuse – Neurodevelopment** on February 15, 2011 from 12:00 pm to 1:00 pm Eastern time. For more information and to register, please go to [https://www.crosscountryeducation.com/cce/product/showWebinarDetails.do?productType=W&seminarCode=WN021511&campaignID=WNBNDV\\_0211\\_tues15\\_01&source=CCEWBR](https://www.crosscountryeducation.com/cce/product/showWebinarDetails.do?productType=W&seminarCode=WN021511&campaignID=WNBNDV_0211_tues15_01&source=CCEWBR). For information regarding other Cross Country Education courses, please go to <https://www.crosscountryeducation.com/cce/>.
- Northwest AHEC's **Applied Suicide Intervention Skills Training Seminar** will take place March 30, 2011 through March 31, 2011 in King, NC. The two day ASIST is designed for members of all care giving groups to improve their abilities to intervene with a person at risk of suicide until either the immediate danger of suicide is reduced or additional assistance or resources can be accessed. For more information and to register, please go to [http://www.cphs.org/pdf/FridayEmails/2011\\_01\\_14/ASIST.pdf](http://www.cphs.org/pdf/FridayEmails/2011_01_14/ASIST.pdf).
- Brown University Distance Learning will offer **Implementing Five Session Motivational Enhancement Therapy/ Cognitive Behavioral Therapy (MET/CBT5): An Evidence Based Brief Approach**. This is a five-week course, beginning on February 14, 2011. For more information and to register, please go to <http://www.browndlp.org/dlannouncement.php?course=189>.
- NAMI (National Alliance on Mental Illness) has the following trainings: March 18, 2011 through March 20, 2011 in Charlotte **Family to Family & Peer to Peer**; April 8, 2011 through April 10, 2011 in Raleigh **Connection Support Group & Basics**. For more information, please go to <http://naminc.org/>.
- Mountain Area Health Education Center (MAHEC), North Carolina Institute of Excellence for Integrated Care, Integrated Care Coordination, and the Governor's Institute on Alcohol and Substance Abuse present **The 7th Annual Two Worlds Unite Symposium: The Essential Role of Integrated Care in Healthcare Reform**, on March 19, 2011 in Chapel Hill. For more information, please go to <http://www.southernregionalahec.org/professionals/pdf/TWU2011.pdf>
- Lakeview's **Third Thursday at Three Speaker Series** Brain Injury webinars are on the following dates and topics: February 17, 2011 **Differentiating Severely Emotionally/Behaviorally Disturbed From Socially Maladjusted**; March 17, 2011 **Addressing Neuropsychological Challenges in Student Performance**; April 21, 2011 **Management of Agitation Following Brain Injury**; May 19, 2011 **Psychotropic Drugs and the Brain Injured Patient**; and June 16, 2011 **Proactive Interventions for Decreasing Challenging Behaviors: Best Practice Strategies for Improving Quality of Life**. Earn one Certified Case Management or one Certified Rehabilitation Counselor Continuing Education Unit with each webinar. For more information and to register, please go to <http://www.lakeviewsystem.com/resources/ceus>.

# Just So You Know

**Volunteers are needed** at the emergency cold weather shelter, Salvation Army (Gymnasium) at 145 Alexander Street. You must sign in at the shelter. The shelter hours are 7:00 pm to 7:00 am. The telephone number of the shelter is (910) 485-8026. If you would like to volunteer call Jackie Godbolt the main office at (910) 644-5261.

The **National Council** has put together a list of the 7 ways that reform will impact the behavioral health field – from chronic disease management in Medicaid to discounts for brand-name drugs in Medicare. To read this update, please go to <http://mentalhealthcarereform.org/january-2011-implementation-update/>.

**2009 National Survey on Drug Use and Health (NSDUH) Data and Reports** can be found at <http://www.icpsr.umich.edu/icpsrweb/SAMHDA/studies/29621>. For **quick tables**, go to <http://www.icpsr.umich.edu/icpsrweb/SAMHDA/quicktables>. For the **National Findings Report** which presents national estimates of rates of use, numbers of users, and other measures related to illicit drugs, alcohol, and tobacco products. The report focuses on trends between 2008 and 2009 and from 2002 to 2009, as well as differences across population subgroups in 2009, please go to <http://oas.samhsa.gov/nsduhLatest.htm>. For **Mental Health Findings** which presents national estimates of the prevalence of past-year mental health disorders and past-year mental health service utilization for youth age 12 to 17 and adults age 18 or older, please go to <http://oas.samhsa.gov/NSDUH/2k9NSDUH/MH/2K9MHResults.pdf>.

**NIATx** helps payers and behavioral health care providers remove barriers to treatment and recovery. For more information about the organization, please go to <http://www.niatx.net/Home/Home.aspx>.

In the latest issue of **National Council Magazine**, healthcare leaders and experts focus on whole health and discuss all aspects of integrating a healthy mind and a healthy body, from bidirectional care to sharing inspiring personal stories. The issue includes **ABC's of Wellness: Health Tips for Persons in Recovery**. To download this issue, please go to <http://www.thenationalcouncil.org/galleries/NCMagazine-gallery/NC%20Mag%20Whole%20Health%20Web-Email.pdf>.

**Greensboro AHEC** sponsors Mental Health trainings including, including **Duke Mental Health Webinars**. Information regarding topics and registration can be found beginning on page four of Greensboro AHEC's winter 2011 Catalogue. To access the catalogue, please go to <http://aheconnect.com/registration/gahec/Winter10.pdf>.

The following link is to the **Model Systems website** where you can access fact sheets and information on brain injury. <http://msktc.washington.edu/tbi/factsheets/index.asp>.

**Time to Get Help** is a new website that helps parents understand, locate and navigate services. To access this website, please go to <http://timetogethelp.drugfree.org/>.

# Just So You Know

**Wisconsin Mental Health Collaborative: Simple Changes To Reduce Re-Admissions** is a topic for NIATX January enews update. Several counties in Wisconsin have seen significant declines in hospital readmissions among the seriously mentally ill. Read about the simple techniques that are making a difference. To read the full story, please go to [http://www.niatx.net/pdf/enews/MHW20\\_47e.pdf](http://www.niatx.net/pdf/enews/MHW20_47e.pdf).

**Getting Started with Medication Assisted Treatment** includes case studies and information to help you implement a medication-assisted treatment program at your agency. This guide emerged from the Robert Wood Johnson Foundation-funded **Advancing Recovery: State/provider Partnerships for Quality Addiction Care**, a national initiative to improve the quality of alcohol and drug addiction treatment by promoting the use of evidence-based practices. To download a copy of the guide, please go to <http://www.niatx.net/Content/ContentPage.aspx?PNID=2&NID=256>.

HUD's Office of Policy Development & Research (PD&R) is pleased to announce the availability a new funding opportunity entitled **Homeless Families Demonstration Small Grant Research Program**. This funding opportunity makes available up to \$150,000 in small grants to support research activities that will enhance the demonstration project currently being funded by HUD/PD&R entitled **The Impact of Various Housing and Services Interventions on Homeless Families**. The research funded under this program must be related to, complement, and enhance the Homeless Families study, should be state-of-the-art, and result in substantive contributions to scientific theory. For more information and application instructions, please go to <http://www07.grants.gov/search/search.do;jsessionid=NOJXNjnDmSjpXLQ0Hy0fSJpX2yLJqxDGnvMpNfpF4vG0XdPIGxYT!-1441196843?oppld=61814&mode=VIEW>.

**SAMHSA** has a detailed plan for supporting **America's service men and women** – Active Duty, National Guard, Reserve, and Veterans – together with their families and communities by leading efforts to ensure needed behavioral health services are accessible and outcomes are successful. To read SAMHSA's detailed plans for achieving the goals with eight strategic initiatives, please go to <http://www.samhsa.gov/militaryFamilies/>.

On December 13, 2010, the Substance Abuse and Mental Health Services Administration (SAMHSA) along with many other partners sponsored 38 young people from around the country to be part of **The Young People's Networking Dialogue on Recovery (YPNDR)**. All of the young recovery advocates volunteered their time to travel to Baltimore and have a very important dialogue. **Widening the Door of Entry to Recovery for Young People** is a set of PowerPoint slides summarizing the event and its recommendations. To view the PowerPoint and for more information about the event and subject, please go to <http://blog.reclaimingfutures.org/adolescent-substance-abuse-treatment-young-people-recovery-recommendations>.

A new **Caswell Center Foundation Project PRIDE grants application** will be coming out next month with new guidelines. Any old Caswell Center Foundation Project PRIDE grant application will no longer be honored starting with the April 2011 grant cycle. If you are currently working on a grant to submit for the April cycle, save the draft and wait for the new grant application which will come out sometime in February. Caswell Center will announce when it is available. Danielle Howell is the new Executive Director of Caswell Center Foundation. Her phone number is 252-208-3790.

Alzheimer's North Carolina, Inc. provides family support, community education, public awareness and supports research for the prevention, cure and treatment of Alzheimer's disease and related disorders. For information, please go to <http://www.alznc.org/>.

# Just So You Know

To download a copy of the 121 page report, **Designing a Recovery-Oriented Care Model for Adolescents and Transition Age Youth with Substance Use or Co-Occurring Mental Health Disorders Report** From CSAT/CMHS/SAMHSA consult session November 13, 2008 through Novembers 14, 2008, please go to [http://www.chestnut.org/LI/downloads/SAMHSA Recovery Report on Adolescents and Transitional Age Youth.pdf](http://www.chestnut.org/LI/downloads/SAMHSA_Recovery_Report_on_Adolescents_and_Transitional_Age_Youth.pdf).

Professional Patient Advocate Institute offers courses to obtain a **Certificate in Professional Patient Advocacy**. For more information and to register, please go to [http://www.patientadvocatetraining.com/?page=certificate\\_program](http://www.patientadvocatetraining.com/?page=certificate_program). Their website also has factsheets on the following topics: Advocay 101, trends, stories, Business Development, Long Term Care and Professional Skills. To review these, please go to <http://www.patientadvocatetraining.com/?page=insights>.

**North Carolina's Supports Waiver Self Direction Option Request for Applications** from organizations to provide Community Resource Consultants for participants in Self-Direction Component of the CAP-MR/DD Supports Waiver. For information and instructions on how to apply, Please go to <http://www.ncdhhs.gov/mhddsas/selfdirect/index.htm>.

There are two new publications from SAMHSA's Knowledge Application Program (KAP). The first entitled **Should You Talk to Someone About a Drug, Alcohol, or Mental Health Problem?** lists questions consumers can ask themselves to help them decide whether to seek help for a substance abuse problem, a mental health issue, or both. Urges those who answered "yes" to any of the questions to seek help and lists resources for more information, [http://store.samhsa.gov/product/SMA10-4585?WT.ac=EB20101216\\_SMA10-4585](http://store.samhsa.gov/product/SMA10-4585?WT.ac=EB20101216_SMA10-4585). The second "**Protracted Withdrawal, Substance Abuse Treatment Advisory** is an information guide for health care professionals with clients who experience chronic withdrawal symptoms due to substance abuse, also known as protracted withdrawal. This seven-page guide includes four exhibits that show the signs of protracted withdrawal along with information about the differences between acute withdrawal and protracted withdrawal. The guide is helpful when making a distinction between a co-occurring mental disorder, which has more permanent effects, and protracted withdrawal, [http://store.samhsa.gov/product/SMA10-4554?WT.ac=EB20101216\\_SMA10-4554](http://store.samhsa.gov/product/SMA10-4554?WT.ac=EB20101216_SMA10-4554)

The **National Suicide Prevention Lifeline** ensures that veterans in emotional crisis have free, 24/7 access to trained counselors. Get help online or by phone at <http://www.suicidepreventionlifeline.org/Veterans/Default.aspx> or 1-800-273-TALK (8255), Veterans Press 1.

**Support Children of Alcoholics Week** is February 13, 2011 through February 19, 2011. For ideas on how to show your support, please go to <http://www.nacoa.org/aboutnacoa.htm>.

**Circles of Care: Creating Models of Care for American Indian and Alaska Native Youth** is one of the topics in the November/December 2010 edition of SAMHSA's Award-Winning Newsletter, [http://www.samhsa.gov/samhsaNewsLetter/Volume\\_18\\_Number\\_6/CirclesOfCare.aspx](http://www.samhsa.gov/samhsaNewsLetter/Volume_18_Number_6/CirclesOfCare.aspx).

## Got News???

Items for the *Providers' Times* should be received by Rose Ann Bryda, [rbryda@mail.ccmentalhealth.org](mailto:rbryda@mail.ccmentalhealth.org) on or before the 30th of each month for the next month's newsletter.