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CUMBERLAND COUNTY, NC

Providers' Times

From Your LME and the Division

The Every Child Coalition is sponsoring a Coat Drive (gently used or new) for disadvantaged/homeless children and youth in Cumberland County. They are also sponsoring a Food Drive. Please help us feed families in need by donating non-perishable food items. Make your donations before December 13, 2011 by contacting Nay Headley @ 222-6107 or Terrasine Brown @ 222-6103. The Every Child Coalition Third Annual Every Child Coalition Community Fair will be held November 18, 2011 from 4:00 pm to 7:00 pm at the Boys & Girls Club, 1018 Rochester Street in Fayetteville. Come and learn about the various services and agencies available to you and your family that protect children and help children reach their full potential. To learn more about the Every Child Coalition visit their Blog @ www.Everychildcoalition.wordpress.com/about. Their office is located at 3475 Cumberland Road, Fayetteville, NC 28306, telephone: 910-484-2639.

Volunteer Services or The Mental Health Auxiliary is gearing up for Thanksgiving and Christmas. If an agency or individual would like to donate to The Mental Health Auxiliary, a nonprofit 501(c) agency, please do not hesitate to call Deborah McMillan at 222-6155. For those of you who have consumers in need, the deadline for Christmas is October 31, 2011 for submission of the application form and December 16, 2011 for pickup of gifts to deliver to families. The deadline for Thanksgiving is November 4, 2011 for submission of the application form and November 18, 2011 for pickup of food baskets for delivery to families. Application forms are available from Volunteer Services, please contact Marta Milagros Rodriguez at (910) 222-6154/6155 or by fax at (910) 222-6151 or by email at mrodriguez@mail.ccmentalhealth.org.

The next Provider Orientation will be held on November 16, 2011 from 1:00 pm to 3:00 pm, in room 426, 711 Executive Place in Fayetteville, NC. Provider Orientation is a requirement for all new providers with an MOA or State Standardized contract with Cumberland County LME. All providers are welcome to attend. To sign up, email Rose-Ann Bryda at rbryda@mail.ccmentalhealth.org and let her know how many people will be attending from your agency.

CareLink Training for new providers will be held on November 16, 2011 from 3:15 pm to 4:15 pm, in Room 426, 711 Executive Place. Providers should send representatives from their organizations who are responsible for billing and authorizations. Providers who have previously received this training may attend as a refresher if space permits. To sign up, please email Colette Gelin at: cgelin@mail.ccmentalhealth.org.

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Training Resources, Workshops and Conferences:

Gangs 101 and Gang Graffiti Recognition

Presented by

Detective Chris Kempf & Detective Mike Baldwin

of the Fayetteville Police Department's
Office of Special Information

November 9, 2011

9:30 am to 12:30 pm

Room 426

Cumberland County Mental Health Center

711 Executive Place

Fayetteville, NC

This training is **free** of charge and you will be given a certificate of attendance.

To register, please email rbryda@mail.ccmentalhealth.org

and state you want to attend "Gangs 101,"

please give your name, company and contact number.

- Greensboro AHEC presents **Can You Hear Me Now? Effective Communication and Cultural Competence for Healthcare Providers** on November 30, 2011 in Greensboro. For more information and to register, please go to <http://www.gahec.org/eventdetail.asp?EventID=34752>.
- The North Carolina Council presents the following trainings in Raleigh, NC: **National CARF Accreditation Training: Getting Prepared for Success** on November 3, 2011; **Using Cognitive Behavior Therapy with Children & Adolescents** on November 3, 2011; and **Providing Psychosocial Rehabilitation: A Model for Success** on November 30, 2011. For more information and to register for these trainings, please go to <http://www.nc-council.org/trainings/available-trainings/>. The NC Council 2011 Conference and Exhibition, **Piecing It Together: How to Make it Work**, will be held December 5, 2011 through December 7, 2011 at the Pinehurst Resort and Country Club in Pinehurst, NC. To view the conference brochure and register online, please go to <http://www.nc-council.org/trainings/conferences/>.
- NC TIDE (Training, Instruction, Development and Education formerly FARO) 2011 Fall Conference will be held November 13, 2011 through November 16, 2011 at the Crowne Plaza Hotel in Asheville NC. For more information and to register, please go to <http://www.nctide.org>.

Training Resources, Workshops and Conferences:

- North Carolina Business Leadership Network (NCBLN) Statewide Annual Conference **Profiting by Investing in Workers with Disabilities in North Carolina** will be held November 2, 2011 in Charlotte. NASCAR Hall of Fame Executive Director Winston Kelley will offer the keynote address. There is no registration fee, but to properly plan for attendance, an RSVP with name and company is requested to ncbln1@aol.com. For more information, please go to <http://www.school2life.org/arcmecknc/event-sharing>. The North Carolina Business Leadership Network (NCBLN) is a new non-profit corporation in NC that operates as a business-to-business network aimed at recognizing and strengthening the employment opportunities for people with disabilities. To read more about the national organization, please go to <http://www.usbln.org>.
- The Alliance for Full Participation's (AFP) **Annual National Conference Real Jobs - It's Everyone's Business**, will take place November 17, 2011 through November 19, 2011 in Washington, DC. The Alliance for Full Participation (AFP) is a formal partnership of leading developmental disabilities organizations and a network of state teams, dedicated to promoting employment. <http://www.allianceforfullparticipation.org/>.
- The Center for Aging Research and Educational Services (CARES) UNC Chapel Hill will present **Working With Older Adults and Their Families**, November 8, 2011 through November 9, 2011 in Durham, NC. To register online, please click on the following link: <https://www.ncswlearn.org/plp/catalog/curriculum.aspx?cid=267>
- **Work Incentives Information Summit** will be held November 16, 2011 through November 17, 2011 in Raleigh, NC. Case Managers, Job Coaches, Case work Technicians, Transition Counselors, Job link staff, ESC counselors, Voc Rehab counselors and others are welcome **Registration is free; snacks and lunch will be provided each day.** Space is limited, so please confirm your attendance by emailing name, title, and organization to Jamalh Greene jamalh.greene@dhhs.nc.gov. Please direct questions to LaShona Johnson lashona.r.johnson@dhhs.nc.gov or Jamalh Greene jamalh.greene@dhhs.nc.gov
- **Group Home Employee Skills Training (GHEST): For managers of .5600A (Adult Mental Health) Group Homes** will be provided three consecutive Wednesdays in November (11/2/11, 11/9/11, 11/16/11) in Raleigh. The Course designed by a team of community members and professionals from UNC-CH, NAMI, Central Regional Hospital, DHR, area LMEs, and group home staff. For additional information on the program or to register, contact: **Selden Holt, MSW, LCSW** at holts@med.unc.edu or 919-942-7363 x 246. To learn more about the program, please go to <http://www.unccmh.org/center-in-action/collaborations-to-improve-services/workforce-development/the-group-home-employee-skills-training-project-ghest/>
- ncsWLearn presents: **Effective Social Work Practices in Adult Services: A CORE Curriculum** Week 1: November 15, 2011 through November 17, 2011 and Week 2: November 29, 2011 through December 1, 2011 in Wilmington, NC. To register online, please click on the following link: <https://www.ncswlearn.org/plp/catalog/curriculum.aspx?cid=1>; **Beginning with the End in Mind: Refining Your Skills in Termination** on December 6, 2011 Chapel Hill, NC. To register online, please click on the following link: <https://www.ncswlearn.org/plp/catalog/curriculum.aspx?cid=233>; **Working with Clients Who Have Serious Mental Illness** December 7, 2011 through December 8, 2011 in Raleigh, NC. To register online, please click on the following link: <https://www.ncswlearn.org/plp/catalog/curriculum.aspx?cid=8>.

Training Resources, Workshops and Conferences:

- **Targeted Case Management Training for I/DD** (with NC TASH Annual Conference) will be held on November 3, 2011 in Chapel Hill, NC. To sign up for this training, please go to https://reg.abcsignup.com/reg/event_page.aspx?ek=0060-0003-f4cae971619a49a8ae664ec8bdde411e. For further information about the NC TASH Annual Conference **So Many Answers Left Unquestioned**, and to register for parts of the conference on November 4, 2011, please go to https://admin.abcsignup.com/files/{E09D625E-CFCF-424F-BF7E-7E5FC42BB3F3}_60/32950/NC_TASH_Conference_handout.pdf.
- The Developmental Disabilities Training Institute (DDTI) **Targeted Case Management training for I/DD** will take place November 18, 2011 in Morganton, NC. For more information and to register, please go to http://reg.abcsignup.com/view/view_month.aspx?as=60&aid=BHRP&wp=238.
- DMA will be having seminars focused on **8C Outpatient policy**. Following is the link to the October Bulletin article which includes how to register, to topics of the seminars, and the dates/times/locations: <http://www.ncdhhs.gov/dma/bulletin/1011bulletin.html#beh>. Outpatient Behavioral Health Services Provider seminars are scheduled for November 2011. Information presented will include: A review of **Clinical Coverage Policy 8C – Outpatient Behavioral Health services provided by Direct-Enrolled Providers** and policy updates; Billing procedures including billing “incident to” a physician; Prior approval; National Correct Coding Initiative; Carolina Access for recipients under age 21; Health Choice; and Fraud and Abuse. Pre-registration is required. Due to limited seating, registration is limited to two staff members per office. Unregistered providers are welcome to attend if space is available. Providers may register for the Outpatient Behavioral Health Services seminars by completing and submitting the online registration form www.hp.com/go/medicaid_seminar_Nov. Sessions will begin at 9:00 a.m. and end at 12:00 p.m. Providers are encouraged to arrive by 8:45 a.m. to complete registration. Lunch will not be provided at the seminars. Because meeting room temperatures vary, dressing in layers is strongly advised. Sessions will be held: Asheville on November 2, 2011; Charlotte on November 3, 2011; Raleigh on November 9, 2011; and Wilmington on November 17, 2011.
- **Cultural Competency Training Can You Hear Me Now? Effective Communication and Cultural Competence for Healthcare Providers** will be held November 30, 2011 in Greensboro. For more information and to register, please go to <http://www.gahec.org/eventdetail.asp?EventID=34752>.
- A free training, **Trauma-Informed Services Across the Continuum of Care**, will be held November 30, 2011 in Candler, NC and December 15, 2011 in Kenansville, NC. For more information and to register, please go to <http://eventactions.com/ea.aspx?ea=Rsvp>.
- The **23rd Annual Leo M. Coggan Conference on Early Intervention** will take place December 5, 2011 in Durham. For an informative brochure and to register, please go to <http://www.croghanconference.org/>.

Training Resources, Workshops and Conferences:

- **The Seven Challenges Leader Training** will be held in Tucson, Arizona December 12, 2011 through December 14, 2011. If your organization is interested in having another person trained as a Seven Challenges Leader, please contact Trish Thayer right away for more information. Please note: Each licensed organization is required to have at least one trained Leader. The Leaders are responsible for providing Seven Challenges clinical supervision, monitoring for Program fidelity, and training when there is turnover or small growth. You may contact Trish Thayer, the Seven Challenges, LLC at 520-990-8134 or tthayer@sevenchallenges.com.
- SRAHEC (Southern Regional Area Health Education Center) presents the following trainings at the Gerald A. Strand Auditorium, 1601 Owen Drive, Fayetteville, NC: **Ethics: Know Your Code, Live Your Code** on November 30, 2011; **Dialectical Behavior Therapy (DBT) for Borderline Personality Disorder and Co-occurring Substance Abuse Use Disorders** on December 2, 2011; **ADHD - Multimodal Treatment Approach** on December 6, 2011; and **HIV Update for the Mental Health and Substance Abuse Professional** on December 13, 2011. For more information and to register for these training, please go to <http://www.southernregionalahec.org/professionals/brochures.html>.
- **University of North Carolina at Chapel Hill School of Social Work Clinical Lecture Series 2011-2012** has begun. All lectures take place on Mondays from 12:00 pm to 2:00 pm at the UNC School of Social Work's Tate-Turner-Kuralt Auditorium. The schedule is as follows: November 14, 2011 **Functional sub grouping: An innovative method for resolving conflict** with Norma Safransky, MD and Heather B. Twomey, PhD; January 23, 2012 **Cognitive behavioral approaches to pediatric anxiety disorders** with Scott Compton, PhD; February 13, 2012 **Mindfulness approach to eating disorders and everyday eating** with Katherine Prakken, PhD; March 19, 2012 **Ethical conflicts in advance care planning** with Marvin Swartz, PhD; and April 16, 2012 **New frontiers in the addictions: Recent developments in the treatment of behavioral addictions** with Matthew Howard, PhD. For more information and to register, please go to http://ssw.unc.edu/programs/clinical_lecture_series.
- Lakeview's **Third Thursday at Three Speaker Series Brain Injury** webinars are on the following dates and topics: **Neural Targets for Medication Treatment in Brain Injury** on November 17, 2011 and **Common Complaints after Traumatic Brain Injury** on December 15, 2011. Earn one Certified Case Management or one Certified Rehabilitation Counselor Continuing Education Unit with each webinar. For more information and to register, please go to <http://www.lakeviewsystem.com/resources/ceus>.
- The Brain Injury Association presents a webinar **Concussion in Children: Out of Sight, But Not Out of Mind** with Dr. Ron Savage on November 16, 2011, at 3:00 p.m. EST. For more information and to register, please go to <https://secure.biausa.org/SearchResult.aspx?CategoryID=61>.

Just So You Know

Cumberland County, the City of Fayetteville, the Sheriff's Office, the Fayetteville Police Department and Fort Bragg would like to announce the following **trick-or-treating volunteer curfew for Halloween 2011**. Ghosts and goblins are encouraged to conduct their quest for treats from **6:00 pm until 8:00 pm on Monday, October 31, 2011**. Due to safety concerns, we ask that trick-or-treaters voluntarily honor the curfew request.

Cape Fear Youth Hockey Association Jr. Fireantz will host a **Try Hockey Free Date** at Cleland Multipurpose Sport Complex, 3-1606 Reilly Rd, Fort Bragg, NC 28307, just north of Longstreet (910) 396-5127 on November 5, 2011 from 1:00 pm to 2:30 pm. This event is designed to introduce kids between the ages of 4 through 9 to ice hockey. The first 40 kids registered will receive a hockey jersey and a goody-bag. Registrations can be completed online at www.TryHockeyForFree.com or by sending an email to ComePlayYouthHockey@usahockey.org. You can also receive information by emailing Cape Fear Youth Hockey Association Jr. Fireantz at jrfireantz@cfyha.org.

In celebration of Veterans Day, **Cumberland County Veterans Services** is hosting a town hall meeting at 1:00 pm on November 5, 2011 in the Pate Room of Headquarters Library, 300 Maiden Lane in Fayetteville. There will be an overview of Department of Veterans' Affairs benefits and programs, to include discussions on Agent Orange presumptive conditions, traumatic stress disorder and Pension with Aid & Attendance. Pension with Aid & Attendance is for veterans over age 65 or veterans who are permanently and totally disabled. Eligibility for Pension with Aid & Attendance is based on income, and the disability does not have to be service-related. The program can help veterans who are receiving nursing home, assisted living or home health care. After the overview presentations, the floor will be opened for questions. This meeting is open to all veterans, relatives, and friends of veterans who would like more information about the Veteran's Administration (VA). A question and answer session will follow the presentation. The Veterans Services Office assists veterans and their dependents obtain benefits to which they are entitled by: submitting claims for benefits to the VA; reviewing and following up on decisions of the VA for fairness and accuracy; and writing and submitting appeals to the Board of Veterans Appeals for disputed decisions. The office is located at 1225 Ramsey St. in the Department of Social Services. For more information, call (910)-677-2970.

The Cumberland County Public Health Department encourages citizens to protect themselves and their families by getting **immunized against the flu**. The department is offering both regular seasonal flu shots and the high-dose seasonal flu vaccine, which is designed specifically for individuals 65 years and older. Both vaccines contain protection against the H1N1 flu. Clinic hours for flu vaccine are Monday through Thursday 8:00 am until 12:00 noon and 1:00 pm until 4:00 pm. The cost is \$35 for regular flu shot; \$45 for Flumist; and \$50 for high-dose flu vaccine. Medicare, Medicaid, and Blue Cross Blue Shield will be billed and there will be no cost to the client. All individuals 6 months old and up should be vaccinated against influenza. Children who meet the **Vaccine for Children** program guidelines would be able to receive the vaccine free of charge. The program covers children on Medicaid; those who have no health insurance or vaccines are not covered by their insurance; or those who are American Indian or Alaskan natives. While flu can have serious implications even for otherwise healthy people, complications from flu are most common among very young children and people over 50, as well as people with chronic health conditions and pregnant women. In addition to vaccination, you can prevent flu and other illness by: covering coughs and sneezes with a tissue and then discarding the tissue promptly; washing hands frequently with soap and water or, if they are not available, with an approved hand sanitizer; and staying home when you are sick. Stay home until you are fever free for at least 24 hours. For more information, contact Maureen Mercer at 433-3658.

Just So You Know

USA.gov was legislatively mandated, as the U.S. government's official web portal, USA.gov makes it easy for the public to get U.S. government information and services on the web. USA.gov tag line is "government made easy." To learn more about what can find at USA.gov please go to <http://www.usa.gov/index.shtml>. To read their October newsletter, please go to <http://www.usa.gov/newsletter/october.shtml>.

The U.S. Food and Drug Administration's main page with updates and recalls can be seen at <http://www.flickr.com/photos/fdaphotos/>. To find photos of FDA recalls, please go to <http://www.flickr.com/photos/fdaphotos/sets/72157624901041809/>.

VETO (Violence Educational Tools Online) Website contains useful, up-to-date information about violence prevention. It is built especially for CDC grantees, partners, public health practitioners, health care professionals, community leaders, school administrators, and every day citizens who share the common goal of preventing violence in the United States. This is an evolving resource. It features training, all of which is free and a portion of which offers accreditation. There are also resources for developing, implementing, and evaluating effective prevention programs. The training is engaging and uniquely delivered by real people, sharing information about programs and strategies that have been implemented in their communities. To access this website, please go to <http://www.vetoviolence.org/>.

Get a heads up on diagnosing and managing concussions with support from the National Football League and CDC Foundation, the CDC has created a new **free** online training to provide health care professionals with an overview of what they need to know about concussion among young athletes. The goal of this course, **Heads up to Clinicians: Addressing Concussion in Sports among Kids and Teens**, found at <http://www.cdc.gov/concussion/headsup/clinicians.html?source=govdelivery>, is to prepare health care professionals to diagnose and manage concussions on the sidelines, in their office, training room, or in the emergency department. To view the course or for more information, visit: www.cdc.gov/Concussion.

National Drug Facts Week is October 31, 2011 through November 6, 2011. SAMHSA (Substance Abuse and Mental Health Services Administration) invites you to participate in the second annual National Drug Facts Week (NDFW) sponsored by the National Institute on Drug Abuse (NIDA). NDFW is a health observance week to help teens shatter the myths about drugs and drug abuse and get factual answers through community-based events and activities To help with your NDFW event, NIDA provides a step-by-step event toolkit at <http://www.drugfactsweek.drugabuse.gov/planyouevent.php> including a list of suggested activities at <http://drugfactsweek.drugabuse.gov/activities.php> and the 2011 drug facts booklet to distribute and complement your events.

New ADHD Guidelines Include Preschoolers, Older Teens. But behavioral therapy should be first treatment in youngest children. To read this article, please go to http://www.nlm.nih.gov/medlineplus/news/fullstory_117611.html.

Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide is designed to help health care professionals quickly identify youth at risk for alcohol-related problems. To read more about the Guide and to download the 40-page Guide and Pocket Guide set, please go to <http://www.niaaa.nih.gov/Publications/EducationTrainingMaterials/YouthGuide>.

Questions are the Answer, a new initiative from the U.S. Department of Health and Human Services' Agency for Healthcare Research and Quality (AHRQ) and the Ad Council, encourages clinicians and patients to engage in effective two-way communication to ensure safer care and better health outcomes. An original series of new videos on the AHRQ Web site features real patients and clinicians discussing the importance of asking questions and sharing information. Go to: <http://www.ahrq.gov/questions>. Health literacy is the ability to obtain, process, and understand basic health information and services needed to make appropriate decisions. Over a third of patients have limited health literacy, which results in their not understanding what they need to do to take care of their health. Limited health literacy is associated with poor management of chronic diseases, poor ability to understand and adhere to medication regimes, increased hospitalizations, and poor health outcomes. The Agency for Healthcare Research and Quality commissioned the University of North Carolina at Chapel Hill to develop and test the toolkit **Health Literacy Universal Precautions Toolkit**. The toolkit offers a way to assess services for health literacy considerations, raise awareness of the staff, and work on specific areas. To download the toolkit, please go to: <http://www.ahrq.gov/qual/literacy/>.

Just So You Know

Cumberland County has a new **CODE RED emergency weather warning**. In case of extreme weather in your zip code, you will receive a warning to your cell phone from county EMS. The process to sign up for CODE RED takes about a minute and can be done by going to the county website and clicking on the CODE RED icon in the top right corner of the homepage <http://www.co.cumberland.nc.us/>.

People with Medicare will have seven weeks (October 15, 2011 to December 7, 2011) to review **Medicare Advantage and Part D prescription drug coverage benefits and plan options**, and choose the option that best meets their unique needs. People can use the **Plan Finder**, available at <http://www.medicare.gov/default.aspx>, by inserting their home zip code to find out which Medicare Advantage (Part C) and Prescription Drug (Part D) plans are available in their areas. The Medicare Plan Finder will include each plan's quality star rating for 2012. For the first time this year, people who use the Plan Finder will also see a gold star icon designating the top rated 5-star plans, and will continue to see warnings for those plans who consistently are poor performers. "We encourage all Medicare beneficiaries enrolled in private plans to know their plan's overall star rating and to consider enrolling in plans with high ratings," said Jonathan Blum, CMS Deputy Administrator and Director, Center for Medicare.

Federal Mental Health Parity went into effect January 1, 2011 for most commercial contracts at ValueOptions®. In place of the pass through/registration model historically utilized for the standard outpatient services (individual, group, and family therapy) **an outlier model was adopted with a focus on individual cases by diagnostic category where the course of treatment varies significantly from expected norms**. If a case is identified as an outlier, ValueOptions® will request additional clinical information about the member's treatment in order to conduct appropriate utilization management. This request for additional information is sent to the provider through ProviderConnect® via the Message Center as a Threshold Claim message. Some providers who do not have log-ins to the web application will receive written requests for additional information in the standard US postal mail, but this is the exception, not the norm. Therefore it is extremely important that all providers monitor their Message Centers to respond to these requests in a timely manner and prevent any potential denial of claims. If providers wish to receive email notification of new messages in the Message Center this can be set up on ProviderConnect in the My Online Profile section where an email address can be entered for notification purposes. As part of the process of collecting additional clinical information there is a part of the review where treatment guidelines must be reviewed and endorsed. It is important that providers review the treatment guidelines related to the diagnosis they have provided for the member and endorse ALL the guidelines that are applicable. Failure to accurately provide this information can also delay the review process and result in a potential denial of claims. For a more detailed overview of the Federal Mental Health Parity Outlier Model you may access the most recent presentation at http://www.valueoptions.com/providers/Files/pdfs/Mini_Webinar_Series_Outpatient_Services-FMHP_Outpatient_Outlier_Model_Refresh.pdf.

The following materials for veterans, military personnel and their families are available for download at Publications USA <http://publications.usa.gov/USAPubs.php>: **Federal benefits for Veterans, Dependents and Survivors** at <http://publications.usa.gov/USAPubs.php?PubID=1050>; **Know Your Rights as a Returning Service Member with a Disability** at <http://publications.usa.gov/USAPubs.php?PubID=6077>; **Guide to Burial at Arlington National Cemetery** at <http://publications.usa.gov/USAPubs.php?PubID=5836>; and **Money and Mobility – for Military Personnel and Families** at <http://publications.usa.gov/USAPubs.php?PubID=6065>.

October is **Disability Awareness month**. Learn more about **Disability Employment policy** at <http://www.dol.gov/odep/>. **Read the Presidential Proclamation** at <http://www.whitehouse.gov/the-press-office/2011/10/03/presidential-proclamation-national-disability-employment-awareness-month>.

Just So You Know

NIH Senior Health Videos offer **Real-Life Stories about Addiction Struggles**. To view them, please go to <http://www.nlm.nih.gov/medlineplus/magazine/issues/fall11/articles/fall11pg20.html>.

Researchers Assess What Works Best to Prevent PTSD. Psychotherapies may outperform an antidepressant, experts say. To read this NIH article, please go to http://www.nlm.nih.gov/medlineplus/news/fullstory_117270.html.

Antidepressants: Get tips to cope with side effects, to read these tips, please go to <http://www.mayoclinic.com/health/antidepressants/MH00062/METHOD=print>.

An article from Medline Plus a service of the U.S. National Library of Medicine (NIH) National Institute of Health reports on a study: **MRI Study Unfolds Clues to Memory-Those lacking structural fold in front of the brain were more likely to have faulty recollections**. To read the article, please go to http://www.nlm.nih.gov/medlineplus/news/fullstory_117174.html.

A study finds that **early, intensive therapy is better for kids with autism**. To read about the study, please go to http://www.nlm.nih.gov/medlineplus/news/fullstory_117118.html.

A study says that lack of mental health resources might drive the increase in more children visiting ERs for psychiatric care. To read about this study, please go to http://www.nlm.nih.gov/medlineplus/news/fullstory_117558.html

Preventing and Managing Medication-Related Weight of children taking psychiatric medications. To download the AACAP (American Academy of Child and Adolescent Psychiatry) fact sheet, please go to http://www.aacap.org/cs/root/facts_for_families/preventing_and_managing_medicationrelated_weight.

To find the NIH (National Institute of Mental Health) article **Brain Chemical Linked to Joylessness Provides Insight Into Teen Depression**, please go to <http://www.nimh.nih.gov/science-news/2011/brain-chemical-linked-to-joylessness-provides-insight-into-teen-depression.shtml>.

CDC finds 60 percent increase in youth athletes treated for TBIs (Traumatic Brain Injuries). To read this Center for Disease Control (CDC) article, please go to http://www.cdc.gov/media/releases/2011/p1006_TBI_Youth.html?source=govdelivery.

To access the **AARP Guide to Public Benefits in North Carolina for older individuals**, please go to http://www.giclocalsupport.org/bop_statefactsheets/fact_sheets/North%20Carolina%20State%20Benefits.pdf.

To read the American Academy of Pediatrics paper on **Safety & Prevention of Child Abuse**, please go to <http://www.healthychildren.org/English/safety-prevention/at-home/Pages/Sexual-Abuse.aspx?nfstatus=401&nftoken=00000000-0000-0000-0000-000000000000&nfstatusdescription=ERROR%3a+No+local+token>.

To read about **imaging of traumatic brain injury patients swifter and safer with new technology at NIH**, please go to <http://www.nih.gov/news/health/sep2011/cc-26.htm>.

Just So You Know

Walter B. Jones Alcohol and Drug Abuse Treatment Center has a Perinatal Program (Eastern Regional Women and Infants Project). They serve pregnant substance abusing women and post-partum women with infants up to 12 months of age. They accept referrals from anywhere in the state. The treatment services are provided in an inpatient setting and length of stay is not predetermined. The women can remain in treatment for a clinically appropriate length of stay which is determined by the patient and her treatment team. We also work closely with her home Department of Social Services, Health Department, and/or LME. We offer a variety of services, including parenting and baby care classes, child care for mothers with infants, substance abuse and mental health services, including on-site psychiatric services, group and individual therapy, psycho educational classes, recreational therapy, and family therapy, as well as discharge planning to long-term transitional housing as needed and desired. Prior authorization is not needed and days spent in treatment do not count against the LME's bed day allocation. Please contact our referral coordinator, Catherine Smith at 252-707-5009 for appropriateness and bed space availability. Services are provided on a priority basis 24 hours a day, seven days a week. If you have any other questions, please contact: Jade Butler, 252-707-5025; email – jade.butler@dhhs.nc.gov; or fax 252.707.5279. Our webpage is www.ncdhhs.gov/dsohf/wbjones/. Please visit this site for more information.

National Resource Directory <https://www.nationalresourcedirectory.gov/> connects wounded warriors, service members, veterans, their families and caregivers with those who support them. You may not be aware of the many ways to stay connected with the NRD and the growing community of Veterans, Service Members, family members and caregivers that has developed around this valuable resource directory. **10 Ways to Stay Connected with The National Resource Directory:** Keep up to date on news, events and other information of interest to Veterans and the military community by following the National Resource Directory on **twitter** <https://twitter.com/#!/NRDgov>; Access information from the National Resource Directory through your Smartphone whenever and wherever you want it through **NRD Mobile** <http://m.nationalresourcedirectory.gov/>; Help your family, friends and colleagues stay up to date on programs and services for Veterans, Service Members and their families by suggesting that they **subscribe** <https://public.govdelivery.com/accounts/USNRD/subscriber/new> to National Resource Directory email updates; Become a part of the growing National Resource Directory family on **Facebook** <http://www.facebook.com/NationalResourceDirectory>; Get news and information about resources delivered directly to your desktop when you subscribe to the National Resource Directory's **RSS (Really Simply Syndication) feed** <http://m.nationalresourcedirectory.gov/rss/index>; Find programs and services near you by visiting the National Resource Directory's **Information by State** <http://m.nationalresourcedirectory.gov/state/index> section; Spread the word about the National Resource Directory by putting a **link** https://www.nationalresourcedirectory.gov/home/link_to_us on your website or blog; Is there an organization or program in your community that you think should be included on the National Resource Directory? Recommend it through **Suggest a Source** <https://www.nationalresourcedirectory.gov/suggestedResource/create>; View **automatically updated resources** in you community available in your state directly on your own website or blog by adding the National Resource Directory's **State Widget** <https://www.nationalresourcedirectory.gov/stateWidget/index>; Become a member of the National Resource Directory's **LinkedIn Group** <http://www.linkedin.com/groups/National-Resource-Directory-3024251?mostPopular=&qid=3024251> and connect with people who share your interests and concerns. To download a **Fact Sheet** about the National Resource Directory, please go to <http://static.nationalresourcedirectory.gov/NRDFACTSHEET.pdf>.

Got News???

Items for the *Providers' Times* should be received by Rose Ann Bryda, rbryda@mail.ccmentalhealth.org on or before the 30th of each month for the next month's newsletter.