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CUMBERLAND COUNTY, NC

Providers' Times

From Your LME and the Division

Stacy Sanders, Fayetteville Police Department Officer for the homeless will be our guest at the **January 9, 2012 Provider Meeting**. Please send questions for Stacy ahead of time to rbryda@mail.ccmentalhealth.org.

Michele King, Wage and Labor Inspector will be our guest at the **February 6, 2012 Provider Meeting**. She will speak about **Independent Contractors versus Employees**. To learn more about **Fair Labor Standards Act (FLSA)**, please go to <http://www.dol.gov/>.

There are **12 targeted units** at **Oak Run Apartments** in Fayetteville. To learn more about these units, please go to <http://www.carolinacommonsnc.com/communities-of-carolina-commons/family-communities/oak-run/about-oak-run/>. To learn how case managers can assist consumers in accessing these units, please contact William H. Robinson at 222-6105.

The next **Provider Orientation** will be held on January 11, 2012 from 9:00 am to 11:00 am in room 426, 711 Executive Place in Fayetteville, NC. **Provider Orientation is a requirement for all new providers with an MOA or State Standardized contract with Cumberland County LME**. All providers are welcome to attend. To sign up, email Rose-Ann Bryda at rbryda@mail.ccmentalhealth.org and let her know how many people will be attending from your agency.

CareLink Training for new providers will be held on January 11, 2012 from 11:15 am to 12:15 pm in room 426, 711 Executive Place. Providers should send representatives from their organizations who are responsible for billing and authorizations. Providers who have previously received this training may attend as a refresher if space permits. To sign up, please email Colette Gelin at: cgelin@mail.ccmentalhealth.org.

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For an updated Comparison of the NC Innovations and CAP-MR/DD Waivers, please go to <http://www.ncdhhs.gov/mhddsas/providers/1915bcWaiver/comparisongrid12-11.pdf>.

Training Resources, Workshops and Conferences:

- The North Carolina Council presents the following training in Raleigh, NC: **ACTT Training** January 23, 2012 through January 25, 2012. For more information and to register for this training, please go to <http://www.nc-council.org/trainings/available-trainings/>.
- Brain Injury Association of America will hold the following webinar: **Guardianship and Brain Injury** on January 26, 2012, at 3:00 p.m. EST, to register, please go to <https://secure.biausa.org/detail.aspx?ID=721>.
- Brain Injury Association of America's (BIAA's) **2012 Brain Injury Business Practice College** will be held February 21, 2012 through February 24, 2012 in Las Vegas, Nevada. For more information and to register, please go to <https://secure.biausa.org/detail.aspx?ID=713>.
- Aldo Pucci presents **Treating Anxiety & Panic: A Cognitive-Behavioral Approach**, an Interactive Webinar on January 5, 2012 from 11:00 am - 6:30 pm EST. Six (6) CE Contact Hours are available to this training. For more information and to register, please go to: <http://www.nacbt.org/treating-anxiety-and-panic-cbt-approach-webinar.aspx>.
- The Developmental Disabilities Training Institute (DDTI) at the School of Social Work, UNC-Chapel Hill presents the following training events: **Overview of Personal Outcome and Individualized Support Measures** on January 19, 2012 in Raeford, NC; **Application of Personal Outcome and Individualized Support** on February 15, 2012 in Raeford, NC; **Positive Behavior Support for People with I/DD & MI (START two hour Webinar Screening)** on January 20, 2012 in Raleigh, NC; **Two-Day Grant Writing, Research & Capacity Building Workshop** January 30, 2011 through January 31, 2012 in Chapel Hill, NC; and **Cultural Diversity Training** on February 1, 2012 in Fayetteville, NC. For more information and to register for these trainings, please go to http://reg.abcsignup.com/view/view_month.aspx?as=60&aid=BHRP&wp=238.
- Division policy requires a substance abuse provider agency to guarantee that at least one licensed/certified substance abuse treatment professional has completed training in **Contingency Management** if the provider is implementing any form of CM. The Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMHDDSAS), in collaboration with The Behavioral Healthcare Resource Program (BHRP) at UNC-Chapel Hill School of Social Work invite applications for a **free one day training in Contingency Management (CM)**. The trainer for this CM training is Worth Bolton, who has worked in the Substance Abuse field since 1974 and is currently a Clinical Instructor at the UNC-Chapel Hill. Two dates and locations for this training are offered: February 17, 2012 in Chapel Hill or February 23, 2012 in Charlotte. **(Applicants need to attend only one of these trainings.)** Priority will be given to the following for selection for the CM training: Adolescent Substance Abuse Residential CASPs and JJSAMHP Providers. Applications should be received by Friday, January 13, 2012. For a copy of the application and information sheet of the training, please contact Paul Savery, Coordinator of Adolescent Substance Abuse Services at paul.savery@dhhs.nc.gov.

Training Resources, Workshops and Conferences:

- University of North Carolina at Chapel Hill School of Social Work Clinical Lecture Series 2011-2012 has begun. All lectures take place on Mondays from 12:00 pm to 2:00 pm at the UNC School of Social Work's Tate-Turner-Kuralt Auditorium. The schedule is as follows: January 23, 2012 **Cognitive behavioral approaches to pediatric anxiety disorders** with Scott Compton, PhD; February 13, 2012 **Mindfulness approach to eating disorders and everyday eating** with Katherine Prakken, PhD ; March 19, 2012 **Ethical conflicts in advance care planning** with Marvin Swartz, PhD; and April 16, 2012 **New frontiers in the addictions: Recent developments in the treatment of behavioral addictions** with Matthew Howard, PhD. For more information and to register, please go to http://ssw.unc.edu/programs/clinical_lecture_series.
- Center for Innovation and Resources, Inc., has a free, self-paced, online training, **Working with Lesbian, Gay, Bisexual, Transgender and Questioning Youth in Child Welfare**. To register, please go to <http://www.CIRinc.org/elearning.htm>. For more information, please go to <http://www.cirinc.org/>.
- University of North Carolina at Chapel Hill School of Social Work Clinical Lecture Series 2012 presents **Cognitive Behavioral Approaches to Pediatric anxiety Disorders** with Scott Compton, Ph.D. on January 23, 2012 from 12:00 pm to 2:00 pm, arrive at 11:30am for a modest "meet and greet" catered reception and sign-in at the UNC School of Social Work Auditorium (Tate-Turner-Kuralt Building), 325 Pittsboro Street, in Chapel Hill. For registration for first-time participants, please go to <http://ssw.unc.edu/sswevents/getstarted>. For registration for returning participants, please go to <http://ssw.unc.edu/sswevents/return>.
- For a list of **North Carolina Substance Abuse Professional Practice Board Training Events** for Substance Abuse Professionals, please go to <http://www.ncsappb.org/trainingssteve/index.htm>.
- South East Area Health Education Center (SEAHEC) is offering **Traumatic Brain Injury** training on February 10, 2012 in Wilmington, NC. For more information and to register, please go to http://www.seahec.net/departments/ce/forms_and_files/brochures/35642.pdf.
- Cognitive –Behavioral Therapy Center of WNC, PA is taking applications for the next intensive, six-month training program in CBT. This program is designed for clinicians working in mental health. **Intensive Training in Cognitive-Behavior Therapy** begins in January 2012. For more information regarding the Certification process visit the Academy website at www.academyofct.org. For more information about the course and to register, please go to http://www.behaviortherapist.com/downloads/CBT_Intensive_Training.pdf.

Just So You Know

Cumberland County Community Development (CCCD) is soliciting **proposals for the administration of three housing programs** funded through the U.S. Department of Housing and Urban Development (HUD). The projects are all programs designed to help homeless people. The application deadline for proposals is Jan. 6, 2012. For more information, please go to http://www.co.cumberland.nc.us/Public_Info/news_releases/2011/December/Community_Development_Seeking_Proposals_12192011.pdf.

For a useful article on **bed bugs** which is directed towards providers making home visits, please go to <http://cuyahogabedbugs.org/documents/CCBBTFVisitingClientHomeFactSheet.pdf>.

The Center for Medicaid and CHIP Services (CMCS) is pleased to announce the initial launch of <http://medicaid.gov/>, the first Federal government website devoted to the policies -- and the people -- of Medicaid and the Children's Health Insurance Program (CHIP). This website is the culmination of efforts at the Center for Medicaid and CHIP Services to revitalize and reorient the information the Federal government makes available about these programs. As part of their commitment to transparency and information sharing, **Medicaid.gov** brings to the forefront the items that States, the health policy community and other stakeholders have said they care about most, including: Federal policy guidance; lists of pending and approved waivers; highlights of our Affordable Care Act implementation efforts; State-specific program information and data; and improved search capabilities.

SAMHSA is seeking topic suggestions for the 2012 **SAMHSA Advisory** and the **SAMHSA In Brief** publications (previously called the Substance Abuse Treatment Advisory and Substance Abuse in Brief Fact Sheet). Completed copies of the **Advisories** and **In Briefs** are available at <http://www.kap.samhsa.gov/products/brochures/index.htm>. For more information on the type of feedback requested, please go to <http://blog.samhsa.gov/2011/12/05/samhsa-seeks-public-input-on-publication-topics-for-the-2012-in-brief-and-advisory-series/>.

A peer specialist, **Antonio Lambert**, that works out of the **Envisions of Life Greensboro** office, was the topic of an article that appears in the New York Times. To access the article, please go to http://www.nytimes.com/2011/12/20/health/20lives.html?_r=1&ref=health.

To access an article by MedlinePlus: **Blink Patterns May Be a Window into Autistic Mind: Watching a video, toddlers with autism reacted to action, not emotional content**, please go to http://www.nlm.nih.gov/medlineplus/news/fullstory_119626.html.

The **National Survey on Drug Use and Health (NSDUH)** is the primary source of information on the use of illicit drugs, alcohol, and tobacco in the civilian in the non-institutionalized population of the United States age 12 or older. The survey is also a source of national estimates on mental health measures such as serious mental illness, other mental illness, depression, and treatment. The public use data and documentation files for the 2010 NSDUH are now available for [download, online analysis, and Quick Tables](http://www.icpsr.umich.edu/icpsrweb/SAMHDA/studies/32722?utm_source=SAMHSAeBlast&utm_medium=email&utm_campaign=NSDUH10studyBlast) through the Substance Abuse and Mental Health Data Archive website at http://www.icpsr.umich.edu/icpsrweb/SAMHDA/studies/32722?utm_source=SAMHSAeBlast&utm_medium=email&utm_campaign=NSDUH10studyBlast.

MedlinePlus reports on a study '**Love Hormone' May Buffer Kids from Mom's Depression Anxiety: conduct disorders more prevalent in children with low oxytocin levels**. To access this reports, please go to http://www.nlm.nih.gov/medlineplus/news/fullstory_119573.html.

Just So You Know

Cumberland County Veterans Services has announced two scholarship programs for eligible high school seniors who are the children of Cumberland County veterans. The North Carolina Division of Veteran Affairs manages a scholarship for the children of certain categories of deceased, disabled, combat or POW/MIA veterans. The scholarship pays for four years of tuition and fees at a North Carolina state college or university. If the student attends a private school, the scholarship pays tuition up to \$4,500 a year for eight semesters, if used within eight years. There are three categories in which a child is automatically granted the scholarship -- if his or her parent is a veteran who died during war-time service or from a service-connected wartime disability; is 100 percent disabled due to war-time disability; or was a former POW/MIA. Competitive classes for the scholarship include children of veterans with 20 to 90 percent service-connected war-time disability; children of veterans who received a Purple Heart; children of veterans who receive non-service connected pension; children of veterans who received a campaign medal or if the war-time veteran parent is deceased. To qualify, an applicant must be under the age of 25 and living in North Carolina. The student has to have been born in North Carolina and a resident of the state since birth, or the veteran parent was a legal resident of North Carolina at the time of entrance into the period of service considered for eligibility. The student must be a natural born child of the veteran or have been adopted prior to age 15. The second scholarship is from the North Carolina Association of Veterans Services Officers and established to honor all deceased Veteran Service Officers and is open to any graduating senior whose parent is a resident of North Carolina and is an honorably discharged veteran. The scholarship pays \$500. The deadline for both scholarships is Feb. 15, 2012. Applications and additional information on both scholarship programs are available at the Cumberland County Veterans Services Office, located in the Department of Social Services building at 1225 Ramsey St. Call (910) 677-2970 for more information.

VA Programs and Services You Should Know About: **Returning Service Members (OEF/OIF):** <http://www.oefoif.va.gov/>; **Vocational Rehabilitation & Employment Service:** <http://www.vba.va.gov/bln/vre/>; **Homeless Veterans:** <http://www.va.gov/homeless/>; **Military Service Benefits:** <http://www.vba.va.gov/bln/21/milsvcl/>; **Center for Minority Veterans:** <http://www.va.gov/centerforminorityveterans/>; **Office of Survivors Assistance:** <http://www.va.gov/survivors/>; **Center of Women Veterans:** <http://www.va.gov/womenvet/>; and **Adaptive Sports Program:** <http://www.va.gov/womenvet/>. Looking for information about organizations, programs and services near you? Visit the **National Resource Directory's Information by state.** Go to <https://www.nationalresourcedirectory.gov/state/index?state> and then choose your state, and then select a subject, for example, Employment, Housing, Benefits, etc.

National Institute on Drug Abuse's (NIDA) 2011 monitoring the Future Survey shows cigarette and alcohol use at historic low among teens, but it also shows continued high levels of abuse of alternate tobacco products, marijuana and prescription drugs <http://www.nih.gov/news/health/dec2011/nida-14.htm>.

MedlinePlus article **Chewing Khat Raises Heart Disease, Death Risk: Study Commonly used in the Middle East and spreading abroad, plant leaves give amphetamine-like high** can be access by going to http://www.nlm.nih.gov/medlineplus/news/fullstory_119663.html.

For information about **diagnosing and managing concussion**, go to CDC's new **FREE online training for health care professionals** developed in partnership with the NFL and the CDC Foundation at <http://www.preventingconcussions.org/?source=govdelivery>. A **"Head's Up" on Managing Return to play** is a new **CDC/Medscape video commentary** with CDC's Dr. David Sugerman and it includes key steps health care professionals should take when managing return to play among young athletes following a concussion. Please go to http://www.cdc.gov/concussion/headsup/return_to_play.html?source=govdelivery.

If you were not able to attend the **2011 Alliance on Full Participation's National Conference**, please go to <http://www.allianceforfullparticipation.org/> and click on **Summit-Handouts and PowerPoints** to download handouts and PowerPoints from sessions.

Just So You Know

For good tips on what to do before, during and after [winter storms and extreme cold](http://www.ready.gov/winter), please go to <http://www.ready.gov/winter>.

If you have not signed up for the **Code Red Warnings from the County** and would like to, here is the link: <https://cne.coderedweb.com/Default.aspx?groupid=q32ONayslhl%2f1choVxNmcw%3d%3d>. You will receive a telephone call when threatening whether is approaching your area of the county.

For information about **Surviving the Holiday Blues: Expert advice on coping with depression, anxiety this time of year**, please go to <http://www.healthfinder.gov/news/newsstory.aspx?docID=647445>.

Autism-friendly Santa is a hit at malls, parties. This story comes out of Hartford Connecticut. Interested providers may want to read the story and find a way to mobilize parents or volunteers to start this in Cumberland County next year. To access the article, please go to <http://www.wral.com/lifestyles/healthteam/story/10521706/>.

Use the **Flu Vaccine Finder** to find a flu vaccine location near you during the 2011-2012 flu season. Flu activity is tracked through CDC's routine influenza surveillance systems and reported weekly in **FluView**. To find both of these tools, please go to <http://www.flu.gov/wherelive/index.html>

Facebook Provides First-of-a-Kind Service To Help Prevent Suicides. In partnership with the National Action Alliance for Suicide Prevention, Facebook announces a new service that enables Facebook users to report a suicidal comment they see posted by a friend to Facebook using either the **Report Suicidal Content link** at https://www.facebook.com/help/contact.php?show_form=suicidal_content or the report links found throughout the site. The person who posted the suicidal comment will then immediately receive an email from Facebook encouraging them to call the **National Suicide Prevention Lifeline** at 1-800-273-TALK (8255) or to click on a link to begin a confidential chat session with a crisis worker.

The National Center on Family Homelessness website has information about **Trauma-Informed Services for Homeless Children and Families**. To access this information, please go to <http://www.familyhomelessness.org/resources.php?p=sm>.

For the **National Institute of Mental Health's (NIMH)** article **Training peers improves social outcomes for some kids with ASD**, please go to <http://www.nih.gov/news/health/nov2011/nimh-28.htm>.

Office of Disability Employment Policy has put together an **Integrated Employment Toolkit**. The Toolkit offers a collection of resources, reports, papers, policies, fact sheets, case studies, and discussion guides from a variety of sources to accommodate the full range of users and increase capacity and understanding about the value and potential of integrated employment. To access the toolkit, please go to <http://www.dol.gov/odep/ietoolkit/>.

Emergency Department Visits Involving Energy Drinks. To read this the DAWN (Drug Abuse Warning Network) Report, published by SAMHSA, please go to http://www.samhsa.gov/data/2k11/WEB_DAWN_089/WEB_DAWN_089_HTML.pdf.

Mayo Clinic's web page has information on **Cognitive Behavioral Therapy** including the definition, why it is done, risks, how to prepare, what to expect and results. This web page can be found at <http://www.mayoclinic.com/health/cognitive-behavioral-therapy/MY00194>.

Just So You Know

To read the following U.S. Department of Labor Wage and Hour Division Press Release Number: 11-1628-ATL (558) **US Department of Labor conducts enforcement initiative to strengthen labor law compliance in North Carolina's residential care industry.** Focus is on protecting workers, educating employers of group home facilities, please go to: http://www.dol.gov/whd/media/press/whdpressVB3.asp?pressdoc=Southeast/20111201_2.xml.

To find information on a variety of **wage and labor topics** on the US Department of Labor website, please go to <http://www.dol.gov/dol/topic/index.htm>.

For information from the Center for Disease Control (CDC) on **Fetal Alcohol Spectrum Disorders**, please go to <http://www.cdc.gov/Features/FASD/>.

For information about **protecting your child's personal information at school**, please go to <http://ftc.gov/bcp/edu/pubs/consumer/alerts/alt056.shtm>.

Health Care Fraud Prevention and Enforcement Action Team (HEAT) is planning for 11 **Provider Compliance Training Videos Audio Podcasts** as part of the Provider Compliance Training initiative. The first educational presentation was posted on the OIG website the week of December 5; the remaining presentations will be posted at the start of each week over the next 3 months (with no release during the week of December 26). To access the videos, please go to http://oig.hhs.gov/newsroom/video/2011/heat_modules.asp.

Center for Disease Control (CDC) **Survey Finds Sexual Violence, Stalking, and Intimate Partner Violence Widespread in the U.S.** To access this study, please go to http://www.cdc.gov/media/releases/2011/p1214_sexual_violence.html.

The next **Practice Improvement Collaborative meeting** is scheduled for **January 12, 2012** and features evidence-based housing initiatives; it will be held at the North Carolina State University McKimmon Center. Also note, the November 9, 2011 PIC meeting summary is posted on <http://www.ncpic.net/> and is a review of the presentations from that meeting on Justice Reinvestment.

For the Center for Disease Control's (CDC) **Fact Sheet on Bullying**, please go to http://www.cdc.gov/ViolencePrevention/pdf/Bullying_Factsheet-a.pdf. A brief on **Suicide and Bullying** by the Suicide Prevention Resource Center (SPRC) can be accessed by going to http://www.suicidepreventionlifeline.org/App_Files/Media/PDF/sprc.pdf.

Embed an Office of Inspector General (OIG) widget in your website so viewers who click on it can navigate directly to the relevant page on the OIG website. To learn how, please go to <http://oig.hhs.gov/newsroom/widgets/index.asp>. For updates on the fight against fraud, please visit <http://www.stopmedicarefraud.gov/>.

Got News???

Items for the *Providers' Times* should be received by Rose Ann Bryda, rbryda@mail.ccmeh.org on or before the 30th of each month for the next month's newsletter.